

MMR Asturias BIKE RACE

by octagon esedos

TINEO·SIERO
6-9 Jun 2019



Asturias
paraíso natural

Tineo
Ayuntamiento

SIERO
AYUNTAMIENTO

PDM Siero

octagon
esedos

UCI
XCS 2

CICLISMO



MTB CON DENOMINACIÓN
DE ORIGEN
www.asturiasbikerace.com

RACE GUIDE

MMR

ENDURA

SHIMANO

BWT
MAGNESIUM
MINERALIZED WATER
AQUAdrink

COMPEX

NAMEDSPORT
SUPERFOOD

CUBE

KH7

OAKLEY

Bargosa
FRUIT COMPANY

YoPRO

POWERADE

LEOMOTOR
RENAULT

TOYOTA
ASTURHIBRIDO

alvemaco
rent
renting & rentalar

TEMPLO
CAFÉS

SEIZ

LOS 40

TP

La Nueva España

AS

EVERYTHING READY?

SIGN-UP

Check that you are correctly registered through www.asturiasbikerace.com

REGISTRATION

Day: thursday, 6th june 2019

Hour: from 11:00h to 15:00h

Place: Recinto Ferial Santa Teresa, 33870 Tineo (43.333787, -6.410528)

Map: see map [here](#).

REMEMBER

- Race numbers will not be given at other times.
- You must bring the original ID card and the UCI license in case of having one.
- A companion can pick up your race number if s/he brings a photocopy of your documentation and an authorization.
- Check the schedule of the event [here](#).

TEAMS CLASSIFICATION

There's a team classification in which the best woman and two best men are taken into account. The team must be made up by a minimum of three people (a woman and two men), and a maximum of five (two women and three men). Each team member competes individually in its corresponding category. i.e. the team is not forced to remain together.

Register your team:

info@asturiasbikerace.com

LICENSES

I HOLD A LICENSE:

You must have a **competitive cycling** license, issued by a national cycling federation approved by the UCI. Touring and other sports licenses are not accepted.

I DON'T HOLD A LICENSE:

You must pay for a temporary license for the event, which price is **60 €** and can be issued when collecting the race number.

BRACELETS

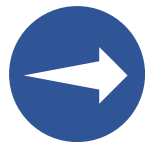
All riders receive **two numbered bracelets** according to their bicycle's number plate and back number:

1. RIDER (plastic): must be always worn on the wrist. It's to identify you, collect your bike from the bicycle parking and enjoy different services and offers.
2. BAG (paper): must be put on a visible place of the backpack or bag left in the cloakroom.



BEFORE YOU BEGIN, REMEMBER...

MARKING



The route is marked with yellow (Flash Stage), red (Stages 2) and blue arrows (Super Stage & Finisher Stage). White signs with a cross of the stage's colour, indicate wrong way. Each ten kilometres and the final five to the finish line are indicated.



RACE NUMBERS & CATEGORIES

- **ELITE MEN:** White: 1 – 199
- **ELITE WOMEN:** Pink: 101 – 149
- **MASTER WOMEN:** Pink: 151 – 199
- **MASTER 30:** Yellow: 201 – 399
- **MASTER 40:** Green: 401 – 599
- **MASTER 50:** Blue: 601 – 699



IN CASE OF AN ACCIDENT



- **LICENSE HOLDERS:** contact the insurance company of your federation.
- **NON LICENSE HOLDERS:** go to the Race Office.

S.O.S. telephone: **+34 667.581.345** (only in case of an emergency or crash)

MOTORHOMES

According to the enclosure's regulations where the race is located, the access and parking of motor homes and/or similar vehicles is **restricted**.

There's space around this enclosure for these vehicles, aside from the race's organisation and following the legal regulations of the town.



Paddock



The paddock is a space reserved for sponsors or teams that have previously booked it, and open to riders, companions and spectators, where the Race Office and the different services are located.

To hire a paddock space, contact: mireia.sola@octagon.com

FREE SERVICES



SHIMANO OFFICIAL SERVICE



BICYCLE WASHING AREA



BICYCLE PARKING



FEED STATIONS



W.C. & SHOWERS



CLOAKROOM



MEDICAL SERVICE



VEHICLE PARKING



COMPEX OFFICIAL SERVICE



EXPO AREA & Paddock

YOU CAN ALSO HIRE

MASQUEBICI OFFICIAL SERVICES

- Mechanical Service | 125 €
- Massage Service (40' x 4) | 130 €

More info [here](#).



info@masquebici.com

+34 654 178 571

<http://www.masquebici.com/>

WARNINGS

NON-SPANISH LICENSE HOLDERS

According to the regulations of the Royal Spanish Cycling Federation (RFEC), riders with a cycling license not issued by the RFEC, must have a written authorisation from their national cycling federation that certifies that its insurance is valid in Spain. This document must be shown to the Commissaires in order to collect the race number.

ONBOARD CAMERAS

Onboard cameras are not permitted except authorised by the UCI Commissaires.

COMPRESSION GARMENTS

Stocking are not permitted and socks must not exceed the calves.

SLEEVELESS JERSEY

Sleeveless jersey are not permitted.

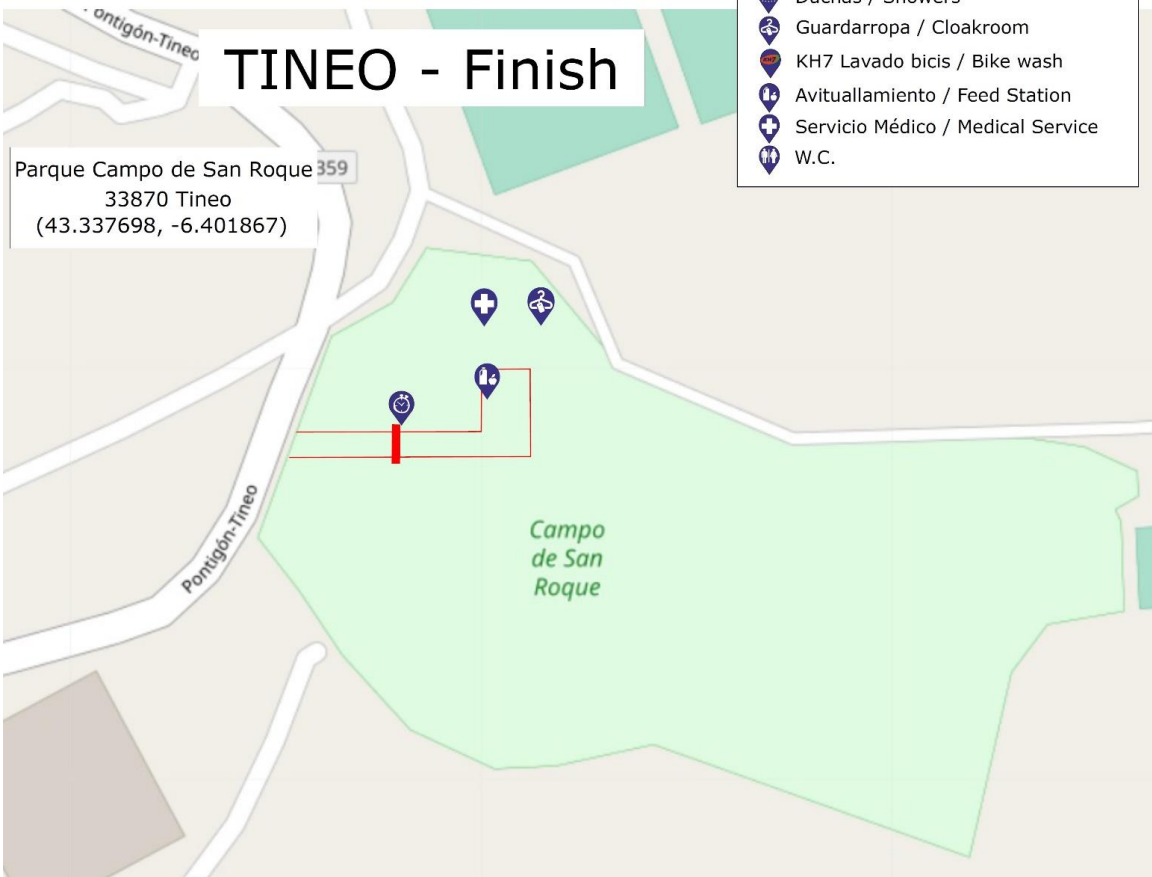
TEAM MANAGERS

All **Team Managers** and staff **must be authorised** to access the Feed Stations and start/finish area. The accreditations will be delivered only and exclusively at the Teams Meeting on Thursday 6th at 13:00h. It can also be previously requested through info@asturiasbikerace.com.

ASTURIAS VENUES



TINEO VENUE



FLASH STAGE (XCM)

LIVE
TIMING

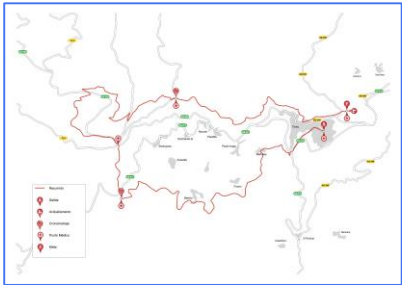
 STAGE 1

 Yellow Arrows



SEE LOCATION

SEE ROUTE



Start grids call-up:

- 15:45 Elite men
- 15:50 Elite women
- 16:00 Master 30
- 16:10 Master 40
- 16:20 Master 50
- 16:30 Master women

FLASH STAGE start:

- 16:00 Elite men
- 16:05 Elite women
- 16:15 Master 30
- 16:25 Master 40
- 16:35 Master 50
- 16:45 Master women

THURSDAY JUNE 6 - TINEO

- 11:00 - Registration begins
- 13:00 - Bicycle parking opening
- 13:00 - Teams meeting
- 11:00 - Registration ends
- 15:00 - Services start
- 15:45 - Start grids call-up
- 16:00 - FLASH STAGE start
- 16:00 - Race Office opens
- 16:30 - Complex service begins
- 17:30 - Award ceremony
- 18:30 - Complex service ends
- 20:30 - Paddock, Race Office & bicycle parking close, and services end



SERVICE	LOCATION	KM	COORDINATES	FIRST	LAST
	Feria de Muestras de Tineo	0 km	43.333539, -6.410203	16:00	16:45
	Parque Campo de San Roque	23 km	43.337698, -6.401867	16:50	18:50

REMEMBER

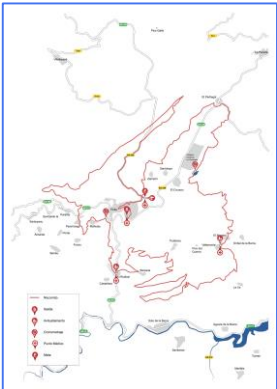
STAGE 2 (XCM)

LIVE
TIMING

 STAGE 2
 Red Arrows


SEE LOCATION

SEE ROUTE



FRIDAY JUNE 7 - TINEO

09:00 - Paddock, Race Office & bicycle parking open, and services begin
09:45 - Start grids call-up
10:00 - STAGE 2 start
13:00 - Compex service begins
13:30 - Award ceremony
18:00 - Bicycle parking closes
18:30 - Compex service ends
19:00 - Services end
19:00 - Paddock & Race Office close, and services end



SERVICE	LOCATION	KM	COORDINATES	FIRST	LAST
	Feria de Muestras de Tineo	0 km	43.333539, -6.410203	10:00	10:05
 1	Rodical	22 km	43.312474, -6.414633	10:50	12:10
 2	Vallamonte	41 km	43.321788, -6.365067	11:40	14:10
	Parque Campo de San Roque	57 km	43.337698, -6.401867	12:19	15:45

REMEMBER

SUPER STAGE (XCM)

LIVE
TIMING



STAGE 3



Blue Arrows



SEE LOCATION

SEE ROUTE



SATURDAY JUNE 8 - TINEO

- 09:00 - Paddock, Race Office & bicycle parking open, and services begin
- 09:45 - Start grids call-up
- 10:00 - **SUPER STAGE start**
- 13:15 - Compex service begins
- 13:30 - Award ceremony
- 18:00 - Bicycle parking closes
- 18:30 - Compex service ends
- 19:00 - Paddock & Race Office close, and services end

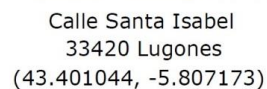


SERVICE	LOCATION	KM	COORDINATES	FIRST	LAST
	Feria de Muestras de Tineo	0 km	43.333539, -6.410203	10:00	10:05
		22 km	43.349285, -6.422286	11:00	12:25
	La Estrella	57 km	43.319827, -6.466895	12:25	15:40
	Parque Campo de San Roque	66 km	43.337698, -6.401867	12:45	16:45

REMEMBER

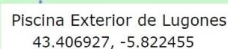
¡RECUERDA QUE MAÑANA LA ETAPA ES EN LUGONES! PODRÁS DEJAR TU BICICLETA EN EL PARKING DE BICIS VIGILADO POR LA NOCHE, RECOGERLA POR LA MAÑANA DEL DOMINGO A PARTIR DE LAS 7:00H Y DESPLAZARTE HASTA LUGONES.

LUGONES - Start



LUGONES - Finish

-  Start / Finish
-  Oficina Competición / Race Office
-  Parking Organización / Organisers
-  Parking Paddock
-  Parking bicis / bikes
-  Duchas / Showers
-  Guardarropa / Cloakroom
-  KH7 Lavado bicis / Bike wash
-  Avituallamiento / Feed Station
-  Servicio Médico / Medical Service
-  W.C.



FINISHER STAGE (XCM)

LIVE
TIMING

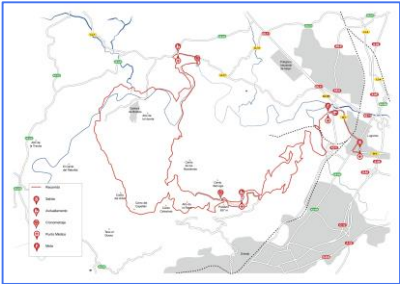
 STAGE 4

 Blue Arrows



SEE LOCATION

SEE ROUTE



SUNDAY JUNE 9 - LUGONES

- 07:00 - Bicycle parking begin TINEO
- 09:00 - Bicycle parking end TINEO
- 09:00 - Paddock, Race Office & bicycle parking open, and services begin
- 09:45 - Start grids call-up
- 10:00 - FINISHER STAGE start**
- 13:30 - Award ceremony
- 15:00 - Bicycle parking closes
- 16:00 - Paddock & Race Office close, and services end



SERVICE	LOCATION	KM	COORDINATES	FIRST	LAST
	Calle Santa Isabel	0 km	43.401044, -5.807173	10:00	10:05
 1	San Cucao	28 km	43.429888, -5.883013	11:10	12:45
 2	Monte Naranco	39 km	43.385249, -5.856119	11:40	14:10
	Parque de Santa Bárbara	48 km	43.411418, -5.822096	11:55	14:50

REMEMBER

DO NOT FORGET TO COLLECT YOUR FINISHER MEDAL IF YOU HAVE FINISHED ALL 4 STAGES!

HAVE YOU FINISHED #ASBR2019?

FINISHER MEDAL

If you have finished the four stages obeying the regulations, you will be awarded a **Finisher medal** which is given after crossing the finish line of the last day.

PHOTOGRAPHY

Sportograf will take photographs of all the riders. They will be available on its website (www.sportograf.com) once the race is over.

DIPLOMA

A few days after finishing the event, you will receive an email with a link to download your diploma.

AWARD CEREMONY

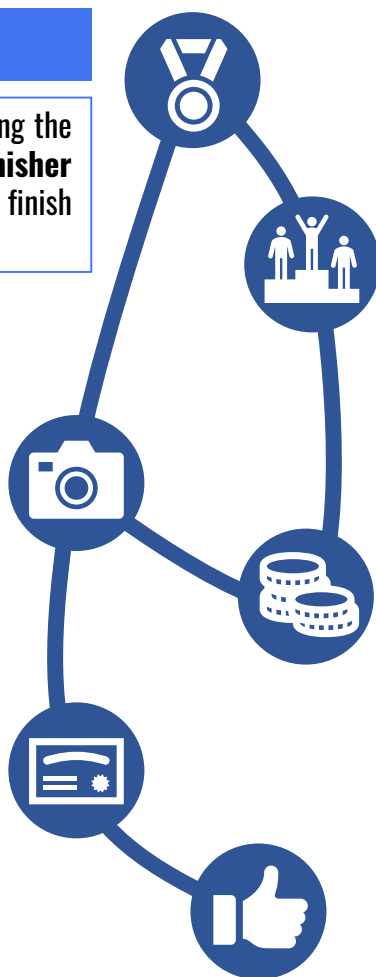
The top five riders of each category and the three best teams must go to the podium **dressed in their racing kit**.

PRIZE MONEY

The UCI Elite riders who carry prize money must complete and submit all the documentation requested by the organisation via e-mail.

SATISFACTION SURVEY

Your opinion is very important. We will send you a short survey so that you value the event. Doing so, you will enter the draw of entries for upcoming BIKE RACE by Octagon Esedos.



ALL THE INFORMATION AVAILABLE ON...



Race Office



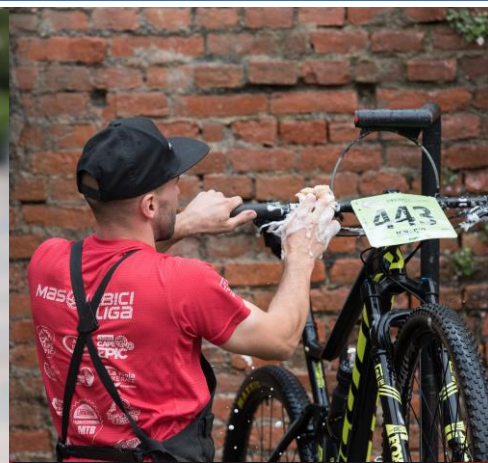
info@asturiasbikerace.com



https://t.me/ASBR_2019/

#ASBR2019

¡HAPPY TRAILS!



SPONSORS

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COMPEX

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